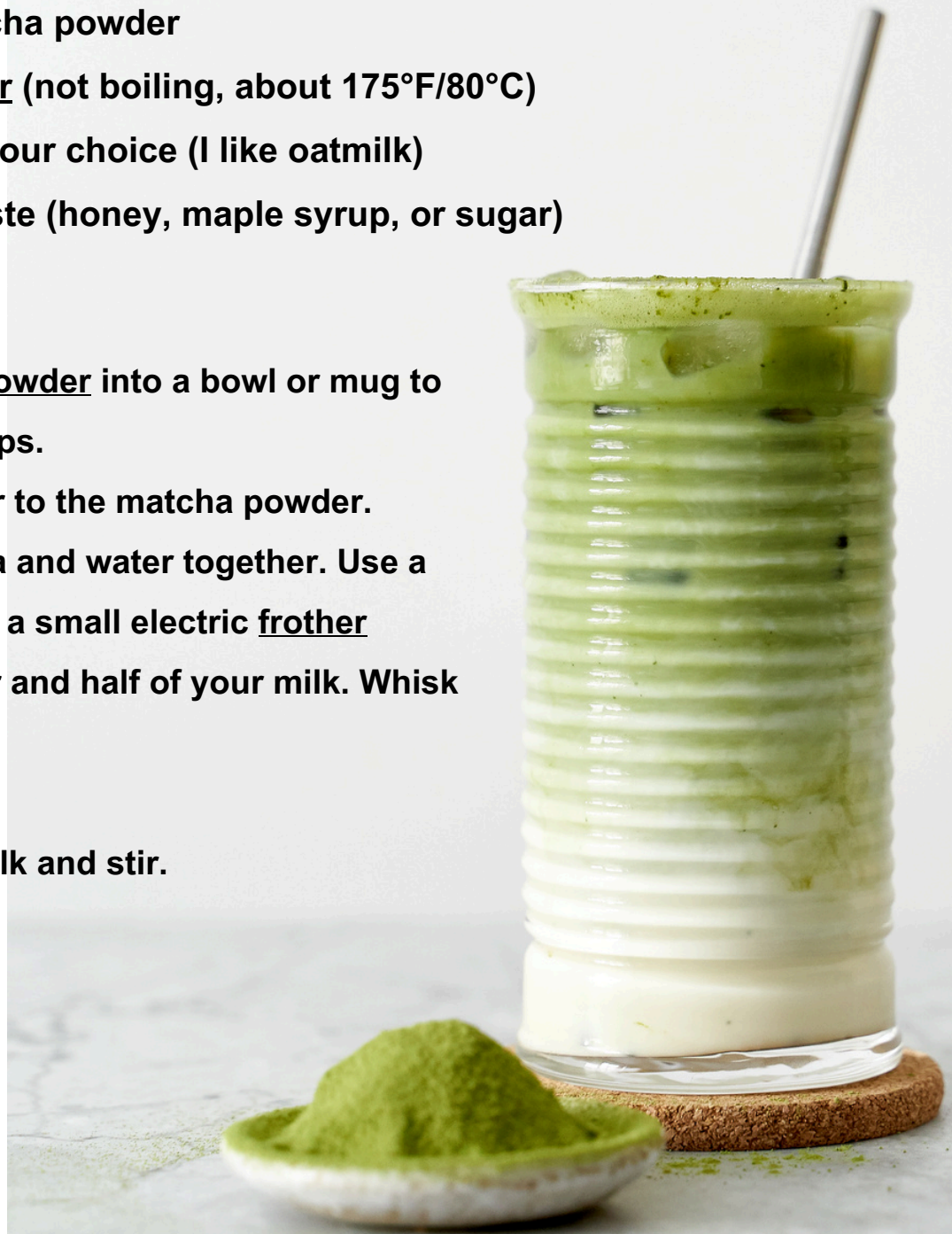


MATCHA LATTE

MY “FUSS-FREE” VERSION

- 1 teaspoon matcha powder
 - 1/4 cup hot water (not boiling, about 175°F/80°C)
 - 3/4 cup milk of your choice (I like oatmilk)
 - Sweetener to taste (honey, maple syrup, or sugar)
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- Sift the matcha powder into a bowl or mug to remove any clumps.
 - Add the hot water to the matcha powder.
 - Whisk the matcha and water together. Use a bamboo whisk or a small electric frother
 - Add the sweetener and half of your milk. Whisk again.
 - Add Ice
 - Top with more milk and stir.
 - Enjoy!



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